

CBD For Women's Health

October, 2022

Hormones called prostaglandins are responsible for many unfortunate effects that come with Premenstrual Syndrome (PMS). These may include cramping, mood swings, bloating anxiety & stress. Studies have shown that CBD may work to reduce the number of prostaglandins produced by the body, potentially alleviating many symptoms of PMS. Cramps: Period cramps are caused by contractions of the uterus. They are triggered by a specific prostaglandin (PGF2A) and can be extremely painful and even debilitating. CBD may reduce the production of this hormone and lessens the frequency and intensity of cramps. Mood Swings: CBD takes a holistic approach to balancing the body's natural chemistry. By responding to receptors in the Limbic and Endocannabinoid systems, CBD helps regulate mood by correcting hormone imbalances. Bloating/Indigestion: CBD works better than other non-steroidal anti-inflammatory drugs (NSAID) because it does not block the production of enzymes crucial for digestive health. It also reduces the inflammation that can make digestion painful and difficult.

Ideally, our hormones should be produced at a regular rate; however, if the body is producing too much or too little of a hormone, this can have serious effects on the body. Hormone fluctuations can occur naturally during puberty, menopause, and perimenopause, but they can also be caused by toxins or an unbalanced lifestyle. Common symptoms of hormonal imbalance include menstrual irregularity, weight gain, mood swings, vaginal atrophy, and hair loss. In one study investigating the effects of CBD on plasma prolactin, growth hormones, and cortisol, researchers found that CBD helped to regulate the secretion of cortisol, the stress activating hormone. By influencing the regulation of hormones, CBD can act as a preventative measure against hormonal imbalance. In addition, using hemp-based CBD products can be especially helpful in regulating hormones because Hemp is loaded with omega fatty acids and is high in gamma linolenic acid, an omega-6 fatty acid found in egg yolks, which is known to help regulate hormones.

About US

Novel CBD started as a means to provide premium quality CBD and CBD-infused products with unmatched service and unparalleled commitment to our community. Our commitment to providing world-class products and improved quality of life for people and animals is a passion for everyone at dwell, and we are committed to being good stewards of our natural resources to earn and retain the confidence our customers have placed in our company and products.

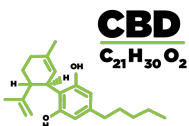
Our Mission

To provide our customers with the highest quality CBD & CBD-infused products available, while serving our community with a commitment and dedication to wellness for everyone!

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